Dear Valued Patients,

We want to thank you for choosing P. Douglas Cochran, MD LTD as your partner in healthcare. We look forward to a long term relationship with you and your family.

In the midst of all the changes in healthcare, unfortunately we have seen many adverse effects on our clinic. In order for our practice to continue to provide the best level of care and service to our patients, we have no choice but to implement an annual fee for the ever increasing services not covered by insurance. This includes but are not limited to referrals, medication refills, prior authorizations, insurance issues, and the increased phone work. We have evaluated many options and this is the best choice for our practice.

This annual fee will go into effect June 1, 2016. All payments are due no later than July 1, 2016.

**P. Douglas Cochran, MD LTD Non-Covered Fee for 2016:**

- **1 Patient:** $115.00 per year
- **2 Patients:** $220.00 per year (for spouses/parents or a child 18 and under living in same house)
- **3 Family Members:** $300.00 (for spouses/parents or a child 18 and under living in same house)
- **4 or More Family Members:** $360.00 (for parents and children 18 and under living in same house)

Please know that we want to keep this affordable for our patients, while being able to remain open for business to provide quality healthcare.

If you are a new patient and do not know the level of care we provide, please give us time to show you how much our practice individualizes the services we offer. We go above and beyond for our patients, within the legal limits, and do everything we can to make you feel valued as we team up with you in treating your healthcare needs.

If you choose to seek care from another provider, do not follow our protocols, or are dismissed from our practice by Dr. Cochran, unfortunately there will be no refund given.

We thank you for your understanding and commit to continue to provide the best level of care to our valued patients.

Patient Signature: ____________________________
General Patient Information

Patient's Full Legal Name: ______________________________________________________ □ Male □ Female
Address: ________________________________________________________________
City________________________State_________Zip Code________________________

Contact Phone #’s (check preferred):
□ Home_____________________□ Work _____________________ □ Mobile____________________ □ OK to Text?

Email Address: _____________________________ Pharmacy: ____________________________

Date of Birth: ___________________________ Social Security Number: ____________________________

Employer: ________________________________ Employer Address: ________________________________

Spouse’s Name: ____________________________________________________________

Emergency Contact Person______________________________ Relation?___________ Phone #: _______________

Other Family Members Treated in this office: __________________________________________________

Who referred you to our offices? ___________________________________________________________________

IF PATIENT IS A “MINOR”...

Parent’s Full Legal Name: ______________________________________________________

Patient Insurance Information

A valid driver’s license or ID card must be presented with your insurance card for scanning and verification.

PRIMARY Insurance Co. _________________________ ID #: ____________ Policy #___________ Group #__________
Name of Insured: ________________________________________ SS#______________ DOB: _______________
Relationship to Patient:___________________________________

SECONDARY Insurance Co. _________________________ ID #: ____________ Policy #___________ Group #__________
Name of Insured: ________________________________________ SS#______________ DOB: _______________
Relationship to Patient:___________________________________

The patient or responsible party must inform us immediately of any changes in insurance plans or coverage benefits.
STATEMENT OF FINANCIAL RESPONSIBILITY

1. PRIVATE INSURANCE AUTHORIZATION FOR ASSIGNMENT OF BENEFITS AND RELEASE OF INFORMATION
I hereby authorize and direct payment of my medical benefits to the offices of P. Douglas Cochran, M.D, LTD for any services furnished to me by the physician(s) or offices. I authorize the physician to release any information, including diagnosis and the records of any treatment or examination rendered to my child or me during the period of such medical services to third party payers and/or health practitioners. I agree to inform the offices of P. Douglas Cochran, M.D., LTD. immediately of any changes in my insurance plans or coverage benefits. In the event that my health plan determines a service to be “not covered,” I will be responsible for the complete charge. I agree to be responsible for payment of all unpaid services rendered on my behalf or my dependents, including any fees for collection services needed.

Signature of Patient (or Responsible Party) Date

2. PAYMENT
I hereby assume responsibility to pay the costs of all services provided by the offices of P. Douglas Cochran, M.D, LTD. to the patient.

Signature of Patient (or Responsible Party) Date

3. AUTHORIZATION OF PAYMENTS
I understand that P. Douglas Cochran, M.D., LTD. will assist me in submitting my claim to my insurance carrier. I hereby authorize payment directly to P. Douglas Cochran, M.D., LTD. and its physician(s) of medical benefits, otherwise payable to me, for the services provided. I understand that I am financially responsible for my health insurance deductibles, coinsurance and non-covered services.

Signature of Patient (or Responsible Party) Date

4. LABORATORY BILLS
I understand the outside reference laboratory will bill me directly for all laboratory tests performed by the company. I understand that fee schedule (cost) for laboratory tests performed by P. Douglas Cochran, M.D., LTD. shall be available to the patient upon request.

Signature of Patient (or Responsible Party) Date

5. PHYSICIAN ASSISTANTS AND NURSE PRACTITIONERS
I have been informed and understand that P. Douglas Cochran, M.D., LTD. employs Physician Assistants and Nurse Practitioners. A Physician Assistant (PA) or Nurse Practitioner (NP) is a medical professional who works as part of a team with a doctor. I understand that a PA is a graduate of an accredited PA educational program who is nationally certified and state-licensed to practice medicine with the supervision of a physician, and that an NP is a graduate of a master's or doctoral degree program and has advanced clinical training beyond their initial profession registered nurse preparation to practice medicine with the supervision of a physician. I hereby authorized that a PA and/or NP, under the supervision of the attending physician, may render my medical care jointly. I understand that there may be appointments that require me to see primarily the PA or NP without prior notice. I authorize the PA and/or NP to communicate my diagnosis and treatment with his or her supervising attending physician, as well as, with other health care practitioners involved in my case. I authorize the admittance of qualified observers, including medical students, during my consultation and examination unless I specifically state otherwise at the time of exam.

Signature of Patient (or Responsible Party) Date
Acknowledgement of Receipt of HIPAA Notice of Privacy Practices

I acknowledge that I have read and understand P. Douglas Cochran, M.D., LTD.'s Notice of Privacy Practices in accordance with HIPPA rules and regulations, which explains how my medical information may be used and disclosed. I understand that I am entitled to receive a copy of this document upon request.

Printed name of patient __________________________ Signature of patient or representative / Guardian __________________________ Date __________________________

If Personal Representative’s signature appears above, please describe Personal Representative’s relationship to the patient:

____________________________________________________________________________________________________________________________________________________

Patient Office Policies

Visit our website at www.DrCochranMD.com for a complete and updated list of policies and information.

Payment Terms:
Co-payment and deductibles are due in full immediately at the time of service. No “payment plans” are offered unless previously agreed upon between the patient and the offices of P. Douglas Cochran, M.D., LTD. There will be a $50.00 service charge for any payment with non-sufficient funds. This fee, in addition to the original outstanding charge, must be paid immediately, or the case will be handed over to the District Attorney’s office. Payment of any outstanding balance must be paid prior to any future patient services.

No-shows and Missed Appointments:
Unexplained or unreasonable no-shows or missed appointments will not be acceptable. Patients are considered a no-show if they miss their appointment without a 24 hour notice or if they arrive later than 15 minutes for their scheduled appointment. If the patient wishes to be rescheduled, there will be a $50 rescheduling fee for each 15 minutes increment the patient was originally scheduled. This fee must be paid prior to being rescheduled.

Record Reproduction Terms:
Request for reproduction of medical records for legal, insurance, or private use will incur a service fee of $50.00 for the first 25 pages and $0.25 per page thereafter.

Additional Provider Paperwork Terms:
Requests for additional paperwork such as letters, form completion, or supplemental insurance paperwork will incur a service fee of $50.00 per activity if the medical team deems it appropriate.

Patient Behavior and Interaction Terms:
Abusive, violent, threatening, or unruly treatment toward any member of the staff or other patients will not be tolerated and will be reported to the Midland Police Department and prosecuted to the full extent of the law. Dishonest behavior will not be tolerated. Patients who are non-compliant with their medical care will not be tolerated. Patients who take part in such behavior will be terminated from the offices of P. Douglas Cochran, M.D., LTD. immediately. Dr. Cochran reserves the right to terminate the physician-patient relationship for any other reason. If termination or dismissal from the practice takes place, a reasonable time period will be provided in order to allow the patient to establish care with another physician.

Phone Calls and Requests:
Patients must allow 48 hours for refill requests or non-urgent phone call returns.

Minor Patients Terms:
Patients under 18 years of age are to be accompanied by an adult retaining legal guardianship or legal aid representation. Non-parental relationships are expected to present signed consent statements from their parents or their legal documentation expressing rights of guardianship or legal aid verification.

Service Restriction Terms:
Patients will be seen by appointment only. The offices of P. Douglas Cochran, M.D., LTD. will not participate or testify in insurance or law-suit cases, Workman’s Compensation cases, or Disability exams. Dr. Cochran does not admit to or see patients in the hospital. Patients requiring acute admission to the hospital will be attended by the hospitalist on call. Patients who require chronic inpatient care, nursing home care, or who cannot be brought to the clinic for regular visits, will need to seek an alternative provider. Non-English speaking patients should make an effort to be accompanied by a translator; however, a telephone translator service will be available unless there is a phone line malfunction at the time of appointment. Except for parents of minors, only one visitor may accompany each patient in the exam room unless the medical team deems it inappropriate or hindering of care.

Controlled Substance Prescription Terms:
Patients that require a controlled substance prescription, have received and agreed to abide by the controlled substance policy and all fees that apply.

By signing below, I hereby certify that the information I have furnished on these forms is complete, true, and accurate. I have carefully read and understand all of the terms above:

Patient/Legal Guardian Signature __________________________ Date __________________________
Controlled Substances Policy

The following changes, effective immediately, are due to concern for safety of our patients, the country-wide worsening of the abuse of controlled substances and more stringent recommendations, demands, and repercussions from the Texas Medical Board.

Our offices will no longer refill narcotics without an office visit. However, an office visit does not guarantee that a refill will be given. If the patient cannot comply with this schedule we will be happy to try and refer you to pain management by cannot guarantee the patient will receive an appointment.

In addition, no controlled substances whatsoever, including the above narcotics, will be refilled or given without an initial visit addressing the specific problem and an appointment at least every 3 months. Some insurances are now requiring a face-to-face visit every month. Any controlled substance prescription given without an appointment incurs a $10.00 “patient fee”. No exceptions will be made. Follow-up appointments should be made at the time of the patient's current appointment to avoid problems.

Controlled substances include, but are not limited to:

- **Narcotics** (hydrocodone, norco, vicoden, vicoprofen, etc.)
- **Stimulants** (most types of ADD/ADHD meds, certain weight loss medications, etc.)
- **Benzodiazepines** (xanex, klonopin, vallium, etc.)
- **Hypnotics** (ambien, etc.)
- **Hormones** (testosterone, or hormone replacement, etc.)

Patients who have been referred to or already see a specialist who deals with specific controlled substances will not be prescribed those medications by this office. This includes Pain Doctors and Psychiatrists. In the event that the patient chooses to stop that relationship or is dismissed by that specialist, it will be the patient’s responsibility to find another specialist from whom he/she can continue care.

In addition, refills of narcotics will be limited to 30 days of medication per prescription. Other controlled substances possibly may be written for 90 days per prescription, per the provider's discretion, if the patient has a proven history of compliance and prior insurance approval.

We apologize for the inconveniences that result from this policy change. This change does not necessarily represent issues with our specific practice and valued patients, but a change is standard care and increased demands for monitoring of the potentially dangerous drugs.

P. Douglas Cochran, MD

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Signature of Patient (or Responsible Party) ___________________________ Date ________________

(Updated March 5, 2015)
Patient Medical History

Previous Physician's name: ________________________________________________
Date of last exam: ____________________________

Which of the following conditions are you currently being treated or have been treated for in the past? (please check and explain details if needed)

- Coronary Artery disease / blockage
- Congestive Heart Disease
- Stroke
- Diabetes
- Cancer
- High Blood Pressure
- High Cholesterol
- Asthma
- Seizures
- Kidney / Bladder problems
- Eye disorder / Glaucoma
- Chronic Lung problems / COPD/ Emphysema
- Stroke
- Liver problems / Hepatitis
- Low blood pressure
- Headaches / Migraines
- Arthritis
- Heartburn / Reflux / GERD
- Seasonal or Perennial allergies
- Neurological problems
- Anemia or blood problems
- Depression / Anxiety
- Bipolar Disorder or Schizophrenia
- Peptic Ulcers/ Colitis
- Irritable Bowel Syndrome
- Swollen ankles
- Chronic Ear, Sinus, or Tonsillar problems
- Thyroid problems
- STD’s or other communicable diseases
- Autoimmune diseases / rheumatoid / lupus fibromyalgia

Please describe any current or past medical treatment not listed above...
Have you ever been hospitalized?  □ No  □ Yes (If yes, what for?) __________________________________________

Past Surgeries:____________________________________________________________________________________

Allergies:
Are you allergic to any drugs?  □ No □ Yes (If yes, please list...) ____________________________________________

Current Medications: (give name of drug, dose, how often taken)
Please list...

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>mg(s)</th>
<th># of times/day</th>
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</table>

Others:
________________________________________________________________________________________
________________________________________________________________________________________

Social History:
Marital Status: □ single □ married □ separated □ divorced □ widowed
Sexual Orientation: □ heterosexual □ homosexual □ bisexual
Alcohol Use: □ never □ rarely □ moderate or daily (7-14 drinks/week) □ heavy (more than 14 drinks/week)
Tobacco Use: □ never □ dip snuff □ chew □ previously, but quit (date) ____________ □ Current, pack/day ____________
Illicit Drugs: □ never □ previously, but quit (date) ____________ □ Current, type ____________

Family History:
List serious illnesses or diseases (including heart disease, diabetes, high blood pressure, high cholesterol, cancer, stroke, depression, autoimmune diseases, etc.)
Father □ living □ deceased, age at death ______ Problems ____________________________________________
Mother □ living □ deceased, age at death ______ Problems ____________________________________________
Sibling □ living □ deceased, age at death ______ Problems ____________________________________________
Sibling □ living □ deceased, age at death ______ Problems ____________________________________________
Sibling □ living □ deceased, age at death ______ Problems ____________________________________________
Sibling □ living □ deceased, age at death ______ Problems ____________________________________________
Screening and Diagnostic Tests

Date of last colonoscopy? __________ Findings? ________________________________

Date of last Exercise Tolerance Test (Treadmill Stress Test)? __________ Findings? ________________

Males:

Date of last prostate exam? __________ Findings? ________________________________

Date of last PSA (prostate blood test)? __________ Findings? ________________________________

Females: (Gynecological History)

How many times have you been pregnant? ______________

Date of last Pap Smear: ____________________________

Have you had an abnormal Pap Smear?  Yes ☐ No ☐ Diagnosis: ______________ Follow up: ______________

Date of last mammogram: ____________________________ Findings? ________________________________

Have you ever had a breast biopsy?  Yes ☐ No ☐ Biopsy results: ________________________________

Immunization History

Are childhood immunizations complete or up to date for age?  Yes ☐ No ☐ If not, explain__________________________

Date vaccinated against pneumococcal illnesses (the “pneumonia shot”)? ____________________________

Date vaccinated against meningococcal illnesses (the “meningitis shot”)? ____________________________

Date vaccinated against HPV infections (the “cervical cancer vaccine”)? ____________________________

Date of last tetanus vaccination? ____________________________

Date of last influenza vaccination (the “flu shot”)? ____________________________

Have you been vaccinated for hepatitis B?  Yes ☐ No ☐ If yes, date vaccine series completed ______________

Have you been vaccinated for hepatitis A?  Yes ☐ No ☐ If yes, date vaccine series completed ______________

Last Tuberculosis (TB) Screening?  Yes ☐ No ☐ If positive TB screen, date of last chest x-ray: ______________ Result of TB screening:  Positive ☐ Negative ☐

If positive TB screen, date of last chest x-ray: ______________ Result of chest x-ray:  Positive ☐ Negative ☐

Have you had a sexually transmitted disease including HIV or viral hepatitis?  Yes ☐ No ☐ Diagnosis: ______________

Additional Information:

Any additional information you believe our offices should know: ____________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________

By signing below, I hereby certify that to the best of my knowledge all the information I have furnished on these forms is complete, true and accurate.

Patient/Legal Guardian Signature __________________________________________________________ Date ______________
# Consent to Communicate

Dr. Cochran & Staff has my permission to contact me via:

*(please check all that apply)*

<table>
<thead>
<tr>
<th>Method</th>
<th>Preferred</th>
<th>Phone #</th>
<th>OK to leave detailed message on voicemail</th>
<th>OK to leave basic message on voicemail</th>
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<tbody>
<tr>
<td>Cell Phone</td>
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<td></td>
<td>☐ YES ☐ NO</td>
<td>☐ YES ☐ NO</td>
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<tr>
<td>Work Phone</td>
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<td>☐ YES ☐ NO</td>
<td>☐ YES ☐ NO</td>
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<tr>
<td>Home Phone</td>
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<td></td>
<td>☐ YES ☐ NO</td>
<td>☐ YES ☐ NO</td>
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<tr>
<td>Mail Letter if Normal Labs</td>
<td>☐</td>
<td>Address:</td>
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Printed name of patient __________________________ Signature of patient or representative/guardian __________________________ Date ____________

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# Permission to Share Health Information with Family/Friends

By signing below, I give permission to the person(s) listed in the table documented to receive limited information about my care. I understand my healthcare provider will use their professional judgement to ensure that information is shared with my family/friend in order to assist with my continuing care. Any information requested that does not pertain to assisting with my health care and any requests for copies of medical records will require HIPAA compliant authorization.

This premission will be considered ongoing until I state in writing otherwise.

<table>
<thead>
<tr>
<th>Date of Permission</th>
<th>Name of individual &amp; Relationship to patient</th>
<th>Comments/Instructions (i.e. may pick up meds, may disclose test results, etc.)</th>
<th>Patient/Guardian Initials</th>
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Printed name of patient __________________________ Signature of patient or representative/guardian __________________________ Date ____________
Please Note as of January 1st, 2016

Due to the change in many insurance policies, the beginning of a new calendar year, and the time that it takes the staff to work on prescription authorization requests,

We are requiring you to present a current insurance card at EVERY visit.

Failure to do this will result in rescheduling of your appointment.

Thanks for your understanding,

P. Douglas Cochran, MD
Kara Cochran, Practice Manager
And Staff

Patient Initials __________
AUTHORIZATION OF MEDICAL INFORMATION RELEASE FORM

P. DOUGLAS COCHRAN, MD, LTD
4214 Andrews Hwy – Suite 306
Midland, Texas 79703
Office # 432-699-6000   Fax # 432-699-6012

I hereby authorize release of information from the medical record(s) of:

Patient Name: ___________________________  Date of Birth: ___________________________
Social Security #: ________________________  Phone #: _____________________________

Release to:
Dr. P. Douglas Cochran
4214 Andrews Hwy – Suite 306
Midland, Texas 79703
Fax # 432-699-6012

From:
____________________________________
____________________________________
____________________________________
____________________________________
FAX # _____________________________

Please release the following:

__Problem List    __Progress Notes    __History/Physical
__Lab Reports     __Immunizations     __X-ray Reports
__CT/MRI Reports  __X-ray Films      __Other Diagnostic Reports (specify)

I understand that the information released is for the purpose stated above. Any other use of this information without the written consent of the patient is prohibited. This consent will expire 365 days after the date of my signature, unless otherwise specified.

____________________________________
Signature of Patient or Legal Representative

____________________________________
Date

____________________________________
Relationship to Patient

____________________________________
Witness